

Midwest Cheer/Dance

TOSSES point range

POINT RANGE	<i>LEVEL 1</i>	<i>LEVEL 2</i>	<i>LEVEL 3</i>	<i>LEVEL 4 -- 4.2</i>	<i>LEVEL 5</i>	<i>LEVEL 6</i>
5 To 6	<ul style="list-style-type: none"> • N/A 	<ul style="list-style-type: none"> • LOW level of straight rides 	<ul style="list-style-type: none"> • Straight rides with arm variation 	<ul style="list-style-type: none"> • Incorporating 1 skill 	<ul style="list-style-type: none"> • 2 Skills • 1 twist 	<ul style="list-style-type: none"> • 2 skills
7 To 8	<ul style="list-style-type: none"> • N/A 	<ul style="list-style-type: none"> • Straight Rides • Straight Rides used multiple times 	<ul style="list-style-type: none"> • Incorporating 1 skill 	<ul style="list-style-type: none"> • Incorporating 2 skills • Incorporating 1 twist 	<ul style="list-style-type: none"> • Incorporating 2 twists OR 2 skills 	<ul style="list-style-type: none"> • 1 flipping rotation • 1 twisting inverted Rotation
9 To 10	<ul style="list-style-type: none"> • N/A 	<ul style="list-style-type: none"> • Straight rides with arm variations • Straight rides with arm variations—Used multiple times 	<ul style="list-style-type: none"> • Incorporating 1 twist 	<ul style="list-style-type: none"> • Incorporating 2 twists OR 2 skills 	<ul style="list-style-type: none"> • Incorporating 2 1/2 twists 	<ul style="list-style-type: none"> • 2 twisting inverted rotations • Incorporating flipping AND 2 twisting rotations