

POINT RANGE

<i>LEVEL 1</i>	<i>LEVEL 2</i>	<i>LEVEL 3</i>	<i>LEVEL 4 -- 4.2</i>	<i>LEVEL 5 - 6</i>
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5 To 6	<p><u>STANDING & RUNNING</u></p> <ul style="list-style-type: none"> • Handstands • Front / back rolls 	<p><u>STANDING & RUNNING</u></p> <ul style="list-style-type: none"> • Cartwheels • Round offs 	<ul style="list-style-type: none"> • 	<p><u>STANDING</u></p> <ul style="list-style-type: none"> • Tucks <p><u>RUNNING</u></p> <ul style="list-style-type: none"> • Running Punch front 	
7 To 8	<p><u>STANDING & RUNNING</u></p> <ul style="list-style-type: none"> • Cartwheels • Round offs 	<p><u>STANDING & RUNNING</u></p> <ul style="list-style-type: none"> • Front/ back walk over • Connected skills allowed 	<p><u>RUNNING</u></p> <ul style="list-style-type: none"> • Round off hand-spring • Round off tucks <p><u>STANDING</u></p> <ul style="list-style-type: none"> • Handspring 	<p><u>STANDING</u></p> <ul style="list-style-type: none"> • Tucks <p><u>RUNNING</u></p> <ul style="list-style-type: none"> • Round of handspring tuck • Running Punch front 	<p><u>STANDING</u></p> <ul style="list-style-type: none"> • Handspring to tucks/lay out <p><u>RUNNING</u></p> <ul style="list-style-type: none"> • Round off handspring layout
9 To 10	<p><u>STANDING & RUNNING</u></p> <ul style="list-style-type: none"> • Front/ back walk over • Connected skills allowed 	<p><u>STANDING</u></p> <ul style="list-style-type: none"> • handsprings <p><u>RUNNING</u></p> <ul style="list-style-type: none"> • Round off handspring series 	<p><u>STANDING</u></p> <ul style="list-style-type: none"> • Handspring series • Connected skills allowed <p><u>RUNNING</u></p> <ul style="list-style-type: none"> • Round off hand-spring tuck • Connected skills allowed 	<p><u>STANDING</u></p> <ul style="list-style-type: none"> • Handspring to tuck • Front tucks <p><u>RUNNING</u></p> <ul style="list-style-type: none"> • Round off handspring lay out • Advanced specialty pass 	<p><u>STANDING</u></p> <ul style="list-style-type: none"> • Combination of connected skills • Full/double twist combinations <p><u>RUNNING</u></p> <ul style="list-style-type: none"> • Advance passes w/ single/double twist

TUMBLING
point range

Midwest Cheer/Dance