

**Midwest Reserves the Right to:**

\*\*ADD, DELETE, COMBINE OR CHANGE ANY DIVISION OR LEVEL FOR ANY REASON  
 \*\*CHANGE ANY RULES FOR ANY REASON  
 \*\*REJECT A REGISTRATION BECAUSE OF PAST MISCONDUCT AT OR AFTER A COMPETITION  
 \*\*OFFER NO REFUNDS ONCE WE RECEIVE YOUR REGISTRATION  
 \*\*DISQUALIFY TEAMS WHO DO NOT FOLLOW THE COACHES'-PARTICIPANTS'-PARENTS CODE OF ETHICS FORM  
 \*\*OFFER NO REFUNDS AT THE DOOR TO SPECTATORS IF THEY MISS A PERFORMANCE (spectators should arrive at least 45 min- an hour before the scheduled performance time)  
 \*\*STOP A PERFORMANCE BECAUSE OF AN INJURY

**DIVISION RULES (also listed on the division page)****ALL DIVISIONS**

\*\*\*YOU MAY ENTER AS AN EXHIBITION TEAM IN ANY DIVISION--JUST WRITE IT ON REG.  
 THIS MEANS YOU CHOOSE NOT TO COMPETE BUT PERFORM AND GET SCORESHEETS\*\*  
 \*\*\*\*\* **SPIRIT TROPHY**-- YOU DO NOT HAVE TO REGISTER FOR THIS DIVISION--  
 We watch all the teams during the day to see who demonstrated the best spirit & sportsmanship for all teams performing! Have your spectators show spirit too & make signs--We will be watching them also!!!!!!

**CHEER ALL STAR**

\*\*\*\*\* ALL STAR DIVISIONS WILL BE DETERMINED BY THE OLDEST MEMBER OF YOUR TEAM\*\*\*\*\*  
 \*\*\*\*\*THE DIVISIONS WILL ONLY BE BROKE INTO SM-5-20 & LG 21 ^ IF THERE ARE 3 OR MORE IN THAT DIVISION\*\*\*\*\*  
 \*\*\*\*\* WE HAVE ADOPTED THE USASF RULES AND LEVELS--GO TO USAF WEBSITE FOR LEVEL RULES\*\*\*\*\*  
 \*\*\*\*\*ALL STARS WHO WANT TO COMPETE IN-- INDIVIDUAL -SCHOLARSHIP-JUMP OFF-Spirit Trophy-TUMBLE GROUP--THEY WILL COMPETE WITH THE SCHOOL GROUPS (see that division & rules)\*\*\*\*\*  
 \*\*\*\*\* **ALL GIRL & COED PARTNER STUNT**--IF THERE IS NOT ANOTHER ALL STAR GROUP TO COMPETE AGAINST--WE WILL PUT YOU IN THE SCHOOL/REC DIVISION--YOU MUST FOLLOW THE SPECIFIC RULES FOR CHEER/DANCE (BUILDING/STUNTING) FOR SCHOOLS--NOT THE USASF RULES\*\*\*\*\*

**DANCE--SCHOOL - ALL STAR - STUDIO - REC**

\*\*\*Jump off will be during the Cheer portion--See Cheer School division if you are a dancer wanting to compete in the jump off

\*\*\*ALL STAR/STUDIO -Rec-& Schools will compete together--in Teams and specialty divisions

\*\*\*DEPENDING ON REGISTRATION NUMBERS--WE MAY COMBINE JAZZ & HIP HOP INTO A GENERAL DANCE CATEGORY-DIVISION--SEE THE SEPARATE SCORESHEET FOR GENERAL DANCE CATEGORY-DIVISION--\*\*\*\*\*

\*\*\*ALL STAR/STUDIO & REC. DIVISION WILL BE DETERMINED BY THE OLDEST MEMBER OF YOUR TEAM\*\*  
 Age as of May 30 2009

**CHEER--SCHOOL / REC**

\*\*\*\*\*JV & VARSITY MAY COMBINE TO COMPETE IN THE VARSITY DIVISION\*\*\*\*\*  
 \*\*\*\*Rec/Youth will compete with the schools in the Individual--Scholarship--Girl Stunt Group--Coed Partner--Tumble Group--Jump off\*\*\*  
 \*\*\*\*\*ALL STARS will compete with the schools in the Individual--Scholarship--Jump off--Tumble Group--Spirit Trophy-----They have a separate division for Girl Stunt Groups & Coed Partner--HOWEVER--if they choose they may compete in the school division if they do not have a team to compete against--BUT they have to use the same Building rules that schools use\*\*\*  
 \*\*\*\*Seniors may only compete in ONE division either Scholarship OR Individual\*\*\*  
 \*\*\*\*Whatever member is the oldest that is what division you will be in for Tumble Group--Girl Stunt Group--and --Coed Partner As of May 30 2009\*\*\*  
 \*\*REC--Whatever member is the oldest that is the division you will be in for teams--As of May 30 2009

**AWARDS & CASH PRIZES****Hoosier Open & Open National**

\*\*\*\*If groups or individuals drop the day of the competition--We will use that final number for determining Cash prizes and awards\*\*\*

\*\*\*EVERY ATHLETE WILL RECEIVE A MEDAL\*\* Every TEAM will receive a placement trophy

Teams will receive trophies--

Individual -Solo-Duet-Trio-Ensemble-jump off-power Turn- Girl Stunt group and Coed Partner Stunt--tumble group will receive medals (Subject to Change)

CASH PRIZES--teams 10 1st place \$100

teams 12 -up 1st place \$100 2nd place \$75

Individual / Solo 10-19 1st place \$100

Individual / Solo 20- up 1st place \$100

2nd place \$ 75

Scholarship 4- up 1st place \$500 (will be eliminated if not 4 in the Scholarship--they can compete in IND.)

We will award a Grand champion (Highest Score for the Session) for Cheer team & Dance team

**OPEN NATIONALS--**

**Will receive the above plus Championship Banners**

\*\*\*If you are the only competitor in a division you will NOT receive a banner BUT receive a 1st place trophy \*\*\*

2 teams 1st place--Banner with CHAMPIONS

3 teams or more 1st place--Banner with Champions

2nd place--Banner with 2nd place

5 or more 1st place--Banner with Champions

2nd place--Banner with 2nd place

3rd place--Banner with 3rd place

**PLUS--1st place winners ( except divisions with only one team) will receive either backpack--Hoodie--or Jacket for each Athlete** with Midwest's Logo and National Champion-----Check coaches letter about 7 days before the event on the website to see which award it will be

**HOOSIER OPEN-**

All 1st place winner will receive \$8 off of every participant for Open Nationals

GRAND CHAMPION (highest score over all) will receive **free participant fees** for whole team--for **NATIONALS**

We will award a Grand champion for the following Cheer team & Dance team (All star-rec-studios and schools will be all in one group)

**VIDEO/DVD CAMERAS---** *We have a professional video company taping--Do not bring video/dvd recorders---If we see a person with one--we will ask them to leave the competition with NO REFUND*  
Our Company offers a DVD you may take home that day

**ENTERING & TIME START-END:** *This is how you will enter--* **NEW AS OF 2009-2010 Please Read**

ANNOUNCER: "Midwest please set up" (Quickly your team will enter, get into positions & set up props etc.)  
**\*\*\*\* YOU MAY SPIRIT IN !!!\*\*BUT --If we feel that you are taking advantage of this opportunity to use excessive organized entrance then we will STOP you and Announcer will start your time and announce you immediately!--We move very fast and need to stay on schedule--NO team should take longer than 45 seconds to set up and Spirit in--- NO EXCEPTIONS!!!**  
 ANNOUNCER: "Silence please, now performing Midwest"  
 (You may not begin until the silence announcement)  
**TIME WILL START:** After the silence announcement & our timekeeper hears the music or 1st word--sees first motion  
**TIME WILL END:** When your team has come to a stationary position or a designated person signals timekeeper  
**\*\*\*YOU MAY SPIRIT OFF!!!!\*\*** Once again quickly----

**PERFORMANCE AREA:** CHEER: **Hoosier Open-** Foam performance mat 42 X 42  
**Open Nationals-** **ALL STAR TEAMS\*\*\*\*SPRING FLOOR\*\*\*\*\* 56 x 42**  
**SCHOOL TEAMS\*\*\*\*\*Foam performance mat 42 x 42**  
 DANCE: **Hoosier Open** --the entire gym floor--full basketball court  
 \*\*Pending dance registration--could also perform on the cheer matt--you will know in advance  
**Open Nationals** -Will perform on spring floor  
**WARM UP AREA:** CHEER: **Hoosier Open**--will have a carpeted performance mat 42 X 42  
**Open Nationals**-- carpeted performance mat--42x42  
**\*\*\*SPRING TUMBLE STRIP 12x42\*\***  
 DANCE: **Hoosier Open** --the entire gym floor--or 42x42 performance mat  
**Open Nationals**-- 42x42 performance mat  
**\*\*Remember ALL cheer dance for Hoosier & Nationals must bring their own CD player for the warm up area \*\***

**GLITTER & SPIRIT TATTOOS:**  
 You may wear glitter on face, hair, and uniforms--BUT not in excess  
 You may wear only one spirit tattoo (small tattoo on corners of eyes (2) are legal)

**COACHES PHYSICALLY INSTRUCTING TEAMS AS THEY PERFORM:**  
**\*\*NO COACH OR ASSISTANT MAY SIT RIGHT BY THE MAT AND HELP THEIR TEAM WITH MOTIONS OR DANCE MOVES OR COUNTS--EXCEPTIONS--TINY & MINI TEAMS AND IND**  
**\*\*\* THERE WILL BE A PENALTY IF WE SEE COACHES DOING THIS!!!!\*\***

**INTERRUPTION OF PERFORMANCE:** **YOU WILL HAVE THE OPTION TO PERFORM AGAIN IF:**  
 \*\*Your music is interrupted because of the facilities' sound system  
 \*\*Your team has an injury during the performance --in which the injured leaves the floor ( If you perform again we will use 2 nd performance)  
**YOU WILL NOT HAVE THE OPTION TO PERFORM AGAIN**  
 \*\*Your music stops or is not working because of the facilities' sound system & YOU DID NOT BRING An extra CD to try instead of the current CD  
 You must bring at least 3 copies of your CD  
 \*\*Your CD has poor sound because of the CD your music was copied on  
 \*\*Your team has a fall during the performance  
 \*\*Your team has an injury during the performance but the injured keeps performing  
**\*\*If you miss your warm up time and have to go on the floor**  
 MIDWEST RESERVES THE RIGHT TO STOP A PERFORMANCE DUE TO AN INJURY

**MUSIC:** **\*\* All teams MUST bring at least 3 CD's---** If your CD is not read or does not work--you must try your other CD's---If you do not bring extra copies it is your fault if your music can't be played!!!!  
**\*\* A coach will have to go to the sound booth to play the music & stop music (Must stay at the sound booth)**  
 Midwest has a professional sound company --The DJ/Sound engineer will load the CD and press play and stop-- However the coach needs to be there to instruct when to play-stop and incase you need to give them another CD  
 \*\* If you use a CD--it should NOT have multiple songs--Your CD should only have your song on it--It is very hard to play the correct #--If your song is played incorrectly--it is your fault if it has multiple songs  
 \*\* The sound system is PRE SET--you are not to move the treble--bass--etc....the only control that you are allowed to touch is the volume---and pressing play and stop  
 \*\* A mandatory sound check will be enforced--watch coaches info sheet closer to event

**SCORES:** ALL SCORES & DECISIONS ARE FINAL—INCLUDING SUBJECTIVE-PENALTY-TIME ETC...  
 \*\*\*Midwest staff & coordinator will NOT discuss any scores with coaches at the competitions\*\*Concerns can be directed to Coordinator via EMAIL\*\*  
HOOSIER OPEN—Midwest does not post ranking of the teams—If you wish to ask a coach if you could see their score and they agree that is fine  
OPEN NATIONALS—Midwest WILL post rankings and scores on the website about 5-6 days after the event  
HOOSIER OPEN & OPEN NATIONALS  
 Scoresheets may be picked up by the HEAD COACH after each awards ceremony—MUST be picked up 15 minutes from the end of the awards ceremony—IF NOT picked up by 15 minutes -you will need to email your address and ask for the scoresheets to be mailed—otherwise they will NOT be mailed  
 \*\*Specialty Scoresheets will NOT be given to Individuals—ONLY THE HEAD COACH\*\*  
 SAMPLE Scoresheets can be found on the website

**TIES:** If there is a tie we will take the highest score in --  
 CHEER- (Sportsmanship/Choreograph) -- If still a tie we will take highest score in (Building/Stunting)  
 DANCE- (Projection/Sportsmanship) -- If still a tie we will take highest score in ( Fundamental Dance Skill)

**CHANGING DIVISIONS OR LEVELS** You may change levels or divisions BUT it MUST be emailed to Christy Young BEFORE the 1st Draft Schedule is emailed and posted on the website--Which is usually 7-8 days before the competition date-----Whatever level/division you registered for on the Registration Form is the level /division you will be assigned to on the 1st draft schedule unless you email Christy BEFORE----

**SUBS & DROP OUTS:** You may bring in a substitute for an emergency and the sub must be from the same school--MUST NOTIFY CHRISTY FOR APPROVAL  
If you have a team member that drops out the day of or after the 1st draft schedule is posted on the website or emailed to coaches - We will NOT move your team down to small-if you decide not to perform there is **NO REFUND**  
 Whatever division you are at on the performance schedule is where you will stay!—Also you may NOT ADD member to your team the day of or once the performance schedule is sent out

**CROSSOVERS:** Crossovers are allowed and there are no limits--- HOWEVER---  
 Please be advised that Midwest does NOT change schedules for crossover conflicts  
 We make every effort to adhere to the following-----There will be at least 15-20 minutes in between teams and crossover performances-- BUT warm up times may conflict with crossover teams and individuals  
 WARM UP TIMES WILL NOT BE CHANGED---Example A persons specialty warm up is when their other specialty division they are on is performing--They will just loose their warm up  
 Another Example--An athlete is on 2 teams a Junior L2 and L3 OR Dance teams and Cheer All Star  
 The one team they are on is warming up when the second team they are on are performing--then they miss the warm up----

**COACHES VERIFICATION OF PENALTY (STUNTS/PYRAMIDS/TUMBLING)-----**  
**\*\*AT THE COMPETITION AFTER Performance---** *If your team has received a building PENALTY--the Coach and Assistant Coach will be asked to come to the warm up area--You will be explained your penalty and the judge and coach will review it on the instant replay DVD---This is to ensure that the coach understands the penalty and to make sure that the stunt could not be interpreted differently-----The coach will sign the penalty sheet and penalty stands-----*

**VERIFICATION OF LEGAL STUNTS & DANCE SKILLS :**  
BEFORE THE COMPETITION  
 QUESTIONS regarding legal stunts and Dance moves will NOT BE DISCUSSED ON THE PHONE--You MUST SEND a video/DVD to Midwest for our feedback POSTMARKED BY FEBRUARY 1st  
 \*\*\*VIDEO WILL BE SENT BACK IF NOT POSTMARKED BY FEB. 1 st !!!!\*\*\*\*\*  
 Video/DVD must include:  
 \*\*Written explanation of skill in question  
 \*\*Front, Back, and side view of skill  
 \*\*Coaches' Name, team name, address, COACHES' PHONE on tape or DVD  
 \*\*Do not send the entire routine-but just the skill in question  
 \*\*Videos/DVD that are not in the above format will be returned & will NOT be viewed  
 ADDRESS: Midwest Cheer/Dance PO BOX 11602 Merrillville, IN 46410